

Dear Student,

Please be aware that as part of the UK government's measures to tackle the Coronavirus, the United Kingdom is currently operating quarantine procedures for all international travellers coming into the UK.

What does this mean for you?

Before you travel

- Before you travel to the UK, you must provide your journey and contact details to the UK authorities by completing an online form:
<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>
- This form must be completed before you arrive in the UK.
- You will need to have face masks to cover your nose and mouth when you travel. Face masks are effective for 4 hours, so you will need to take enough for your entire journey including your journey from the airport to your accommodation.
- You will need to show your completed form when you arrive at the UK border, either by printing a copy, or showing it on your phone.
- The government will use this information to contact you if you or someone you have travelled with develops coronavirus (COVID-19) symptoms, and to check that you are self-isolating for the first 14 days after you arrive in the UK.

When you arrive in the UK

- When you arrive in the UK, you will not be allowed to leave your accommodation for the first 14 days after your arrival. This is known as: 'self-isolating' and is aimed at reducing the chance of a second wave of coronavirus in the UK.
- When you arrive in the UK, go straight to your accommodation.
 - Do not stop to visit anyone.
 - Do not go to any shops or public areas.
- You should book a taxi to take you to your accommodation from the airport.
- Only use public transport if you have no other option. If you do use public transport, wear a face mask that covers your nose and mouth and stay 1 metre apart from other people.
- If you have coronavirus symptoms, you will not be allowed to travel by public transport and you will need to show that the accommodation where you will self-isolate is safe. We recommend you have a copy of your accommodation booking confirmation.

When you arrive at your accommodation

- When you arrive at your accommodation, the person greeting you will give you information on self-isolating, how you can contact them and what help they will give to you during the next 14 days.
- Do not leave your accommodation for the first 14 days after your arrival.
 - Do not go out to work or school or visit public areas.
 - Do not go shopping.

- Stay away from others.
- You will need food and other necessities delivered by ordering a delivery from a supermarket or food delivery service online. The accommodation staff can help you with this.
- You must only exercise within your accommodation.
- Do not have any visitors. The only friends and family who you can have contact with are those who you travelled with and are staying with you.
- The accommodation agency staff will be in contact with you over the 14 day isolation period to check that you are well and have everything that you need.

More information on quarantine procedures can be found here:

<https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk>

If you have any questions on the above, please do not hesitate to contact us.

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